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Endodontic Treatment Care Instructions

Congratulations! You have just completed an incredibly important procedure called endodontic therapy (more commonly called a root canal). This procedure has a success rate of greater than 90%, meaning the odds are overwhelming that your tooth will survive to smile and chew for many years.

Following the procedure today, it is not uncommon for patients to experience some soreness for 1-3 days. This is almost always easily controllable using over the counter medication such as ibuprofen (Advil) or acetaminophen (Tylenol). This soreness will feel much more dull than a toothache and should not interfere with your day. If you experience pain that cannot be managed with simple medications, please contact the office. You will most likely have a *temporary* restoration placed in the tooth following endodontic therapy. Please treat this temporary exactly how its name implies! Be gentle with the tooth, avoiding hard or sticky foods that could damage the temporary restoration.

In many cases, Dr. Haynie will recommend a crown for the tooth treated today. This is an *absolutely vital* step to maintain the tooth's health. Just because the root canal has erased that pain does not mean that the tooth has been fully restored! Please follow all recommendation regarding follow up care as outlined by your treatment plan.